



**Student Handbook  
2022/2023  
BScHons (Nursing) External Degree  
Programme**

**Faculty of Health-Care Sciences  
Eastern University, Sri Lanka  
2023**

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Compiled by: Department of Medical Education and Research

*2<sup>nd</sup> edition*



## **Vision**

Faculty of Health – Care Sciences aims to be a national center of excellence for higher learning and research with a competitive advantage, responsive to the dynamics of the regional, national and global conditions

## **Mission**

To produce men and women of highest professional standards in the practice and delivery of health – care

## **Motto**

*"Health for All"* through Peace, Compassion, Care and Research





## Message from the Vice-Chancellor

The Higher Education opportunities for youth are limited in State Universities; only 16% of students are admitted to enroll for reading Undergraduate Studies in 17 Universities in Sri Lanka based on the Z-Score of Advanced Level Examinations every year.

Therefore, the Faculty of Health Care Sciences offers them External Degrees through catering External Degree Programme in Bachelor of Science in Nursing. So, this is an excellent opportunity for youth to achieve their dream to complete their Degree in State Universities.

The First Batch of this Degree Programme was started in 2006, and approximately Eighty students from three Batches have passed out so far. This is the Fourth Batch of this Degree Programme.

There are High demands for Nursing Degree in the Local and Overseas labour market for getting employment. As the medium of instruction of this Degree Programme is English, it is another opportunity to easy to find foreign employment in the Health Services Departments.

The University Grants Commission recognizes the curriculum and evaluation method of this Degree Programme.

I wish all the students who have been enrolled in this Degree Programme success in the future and appreciate the Dean and the staff of the Faculty of Health Care Sciences to provide this opportunity to these students to achieve their target.

**Prof. V. Kanagasingam**

Vice-Chancellor

Eastern University, Sri Lanka

19.02.2022



## Message from the Dean

It gives me great pleasure to welcome all registered students of the External Degree Programme to the Faculty of Health-care Sciences, Eastern University, Sri Lanka.

The Mission of our faculty is to *produce men and women of high professional standards in the practice and delivery of health*. Our faculty is committed to offering you the best available opportunity to achieve excellence in your chosen field of study.

As registered professional nursing officers, you have the best foundation to progress towards excellence in your profession. While nursing is a vocation where compassion and care are much desired, the need to reach for the best care for your patient lingers around as an invisible requirement. Therefore, I congratulate you for choosing to academically pursue further in your field.

The programme is four semesters long and we expect it to finish within the stipulated two years. I encourage you to dedicate your time and energy in completing the programme well within the time limit.

This handbook has been meticulously prepared for your reference and guidance throughout your stint here, at the Faculty of Health-care Sciences. Please use it to your maximum benefit.

Live, learn and enjoy!

**Dr Angela Arulpragasam Anthony**

MBBS, MD (Paediatrics)

Dean

Faculty of Health-care Sciences



## Message from the Director

Congratulations for securing a placement to pursue the Bachelor of Science Honours in Nursing Degree programme at the Eastern University, Sri Lanka (EUSL) for the academic year 2021/2022. The Faculty of Health Care Sciences (FHCS) offer this programme through the Center for External Degrees and Extension courses (CEDEC). The curricula of this Degree programme was recently revised and upgraded and approved by the University Grant Commission (UGC) of Sri Lanka.

CEDEC supports those who wish to pursue Degree programmes and extension courses externally at the Eastern University, Sri Lanka. The curricula of the Degree programmes conducted by CEDEC are designed to develop and enhance the knowledge, skills and attitudes of the students to become nationally and internationally competitive in their respective fields. External Degree programmes conducted by CEDEC follow open and distance learning (ODL) mode in addition to certain hours of face-to-face contacts that facilitates the students with flexibility for independent learning uncompromising the quality and standard of the Degree Programmes.

This is a precious opportunity for you to expand your knowledge, skills and attitudes besides becoming a graduate of the Eastern University, Sri Lanka. On behalf of CEDEC, I wish you make the most of your time at EUSL and, successfully complete the Degree programme and, become good intellectuals and support the society and the country in every possible ways.

Best wishes

**Dr. (Mrs) Q Y Soundararajah**

B.Sc.Hons. (EUSL, Sri Lanka), MPhil (UPDN, Sri Lanka), PhD (UOB, UK)

Director

Centre for External Degrees and Extension Courses,

Eastern University, Sri Lanka



## Message from the Co-ordinator

I am very glad to welcome our Diploma Nurses 2021/2022 batch to start their External Degree of BSc Nursing to the Faculty of Health Care Sciences. As all of you know that Nursing is a noble profession; gives life to others by caring to the sick and invalid persons. So, by updating your knowledge and skills from diploma to degree you can give best care and practice in your profession and render best service to the mankind. I assure you that we as staff will give you our best support to complete your degree and to make you the best competent healthcare professionals to carry out your future carrier with good knowledge and skills. Also, we have good facilities for both theoretical and practical learning in our faculty. In that way you are fortunate to be selected to our faculty. So my heartiest welcome and I wish you all the best!

### **Mr. Sathasivam Shanmukanathan, RN**

MResc (Dhaka), BSc.Hons N, PBDN (Wd Mgmt, Teach &S/V), Dip in Nursing.  
Senior Lecturer in Nursing  
Faculty of Health- Care Sciences  
Eastern University, Sri Lanka.

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## **Introduction**

The Faculty of Health-Care Sciences (FHCS) is unique in incorporating current innovative trends in the health professions education to cater for the future health care needs of the society. Essential health sciences disciplines have been combined into six administrative departments namely Human Biology, Pathophysiology, Primary Health Care, Clinical Sciences, Medical Education & Research and Supplementary Health Sciences. Currently faculty conducts two-degree programmes such as MBBS and BScHons (Nursing).

### ***Bachelor of Science Honours in Nursing – BScHons (Nursing) External Degree Programme***

*Bachelor of Science Honours in Nursing – BScHons (Nursing) external degree programme Level according to Sri Lanka Qualification Framework (SLQF): 6*

BScHons (Nursing) external degree programme enables staff nurses obtaining the degree and updating their competencies matching to current nursing trends. This programme will impart to the nurses with specialized knowledge, skill and desirable attitude relevant to nursing and basic professional duties, afford practice in independent decision making, stressing the necessity for a systematic approach in solving patient's health care problems.

BScHons (Nursing) external degree programme consist of four academic years with 120 credits. However, the nursing officers who have already completed the three years general nursing diploma in colleges of nursing, Ministry of Health, Sri Lanka are given exemption of two academic years (60 credits). Medium of instruction and evaluation of the degree programme shall be in English or Tamil. The courses have been categorized into Core Course (CC), Supplementary Courses (SC) and Foundation Courses (FC). Intended learning outcome (ILO) of students are clearly defined for each module.

## **Exemption**

Several ILOs and some modules belong to the BScHons (Nursing) regular degree programme conducted the Faculty of Health-Care Sciences were exempted in the external degree programme, for nurses who possess general nursing diploma from recognized institutions and work as nursing officers.

## **Eligibility for Admission**

- I. An applicant may be considered for admission to the University to follow the degree, if he/she is:
- a) registered at Sri Lanka Nursing Council or Sri Lanka Medical Council, (here in after called Registered Nurses)
  - b) having at least 2 years' experience in Nursing service
  - c) having one of the following:
    - i. Three passes in G.C.E (AL) bioscience subjects of any syllabus. These three passes should be among the subjects of Botany, Zoology, Physics or Chemistry from old syllabuses. And they should be Biology, Physics and Chemistry from new syllabuses.

OR
    - ii. The Post Basic Nursing Diploma of 18 months course duration obtained from Eastern University, Sri Lanka or the Post Basic College of Nursing Sri Lanka.

OR
    - iii. The qualifications accepted by the Senate of the Eastern University, Sri Lanka
- AND
- II. Should obtain a minimum 50% marks of at the competitive examination conducted by the Centre for External Degree and Extension Courses (CEDEC), Eastern University, Sri Lanka.

*Note: Selection of students shall be finalized based on interview.*

## **Graduate Profile for BScHons (Nursing) Degree**

At the end of BScHons (Nursing) programme the graduates will,

1. Relate the knowledge of normal & deranged structure & functions of human body in delivering nursing care.
2. Recognize epidemiology of common diseases, clinical manifestations & the rationale for management.
3. Assess health status and identify client's health needs in administering nursing care.
4. Deliver primary health care including maternal and child health care.
5. Counsel and educate individuals, families and community in health promotion.
6. Apply knowledge of behavioural sciences and ethical & legal principles in professional practice.
7. Work as effective member or leader of a health team, recognizing their different roles.
8. Conduct research and disseminate the findings.
9. Use information technology in routine nursing practice.
10. Communicate effectively in English, Sinhala and Tamil with patients, families and health- care team.
11. Assume responsibility for continuing learning in nursing practice.

## Categories of Learning Outcomes

- I. *Subject / Theoretical Knowledge*
  - Demonstrate an advanced knowledge and understanding of the core aspects of Professional Nursing
  - Critically analyze data, make judgments and propose solutions to Nursing and health care problems.
- II. *Practical Knowledge and Application*
  - Create and sustain plans and techniques in problem solving situations with patients and families.
  - Use practical skills and enquiry efficiently and effectively in nursing practice.
- III. *Communication*
  - Communicate/present information, ideas, issues and solutions efficiently and effectively.
  - Demonstrate awareness of the current developments in nursing.
- IV. *Teamwork and Leadership*
  - Exercise personal/team responsibility, and leadership in the professional environment/work place.
- V. *Creativity and Problem Solving*
  - Construct and sustain arguments and use these arguments, ideas and techniques in problem solving for a given situation.
- VI. *Managerial and Entrepreneurship*
  - Take initiative, assume personal responsibility and demonstrate accountability and ability to instill entrepreneurship.
- VII. *Usage and Management of Information Technology*
  - Thorough in transferable skills related to ICT and information literacy.
- VIII. *Networking and Social Skills*
  - Ability to work in teams, give leadership and promote social engagement
- IX. *Adaptability and Flexibility*
  - Analyze and devise appropriate strategies for adapting to changing environments.
- X. *Attitudes, Values and Professionalism*

- Exercise initiative, personal responsibility and accountability in nursing and health care functions performed.
- Demonstrate positive attitudes and social responsibility.

*XI. Vision for Life*

- Clearly identify where one wants to be and develop long term goals accordingly.
- Exercise and further develop the new competencies and assume major responsibilities with confidence.

*XII. Updating Self / Lifelong Learning*

- Undertake further training and develop additional skills that will enable them to make sound decisions.
- Engage in independent learning using scholarly reviews and secondary sources of information.

## **Codification of the module**

Each module is coded with five capital letters followed by four numbers. First two letters (EX) indicate external degree, next letter (N) indicates the programme BScHons (Nursing) and other two letters indicate the relevant department.

eg. EXNSH:

EX - External Degree

N - BScHons (Nursing) programme

SH - Department of Supplementary Health Sciences

## BScHons (Nursing) External Degree Programme – Outline

**Year 01**

	<b>Module Code</b>	<b>Module Name</b>	<b>N.H</b>	<b>Credit</b>	<b>Category</b>
<b>1<sup>st</sup> semester</b>	EXNSH 1101	Nursing History, Ethics and Professionalism	50	1	CC
	EXNHB 1102	Organization of human body	50	1	CC
	EXNHB 1103	Maintenance of Human Body-I	50	1	CC
	EXNSH 1104	Psycho-social aspects of nursing	50	1	CC
	EXME 1201	Proficiency in English-I	50	1	FC
	EXME 1202	Proficiency in computer literacy & information tech.	100	2	FC
	EXNHB 1206	Maintenance of human body II	50	1	CC
	EXNHB 1207	Principal of Support, Movement & Control	50	1	CC
	EXNPP 1209	Aetio-pathogenesis of human diseases	100	2	CC
	EXME 2101	Proficiency in English-II	50	1	FC
	EXME 3101	Peace Medicine	100	2	FC
	EXNSH 2102	Community Health Nursing I	50	1	CC



2nd semester	EXNSH 2101	Adult Health Nursing-I	100	2	CC
	EXNPP 2103	Microbiology & Parasitology	100	2	CC
	EXNCS 2104	Basic Pharmacology	50	1	CC
	EXNSH 2206	Adult Health Nursing II	50	1	CC
	EXNSH 2207	Community Health Nursing II	100	2	CC
	EXNHB 2209	Nutrition & Dietetics	50	1	CC
	EXNME 3102	Nursing Education	100	2	CC
	EXNSH 3103	Trends and Issues in Nursing Profession	100	2	CC
	EXNSH 2210	Mental Health Nursing	50	1	CC
	<b>(Elective)</b>		50	<b>1</b>	SC
	EXNME 2213	Advance Computer skills for Nurses/			
	EXNME 2214	Human resource Management/			
	EXNME 2215	Sinhala/Tamil language for nurses			

## Year 02

	<b>Module Code</b>	<b>Module Name</b>	<b>N.H</b>	<b>Credit</b>	<b>Category</b>
<b>3rd semester</b>	EXNSH 3101	Adult Health Nursing III	50	1	CC
	EXNSH 3104	Obstetrics and Gynecological Nursing I	100	2	CC
	EXNSH 3105	Child Health Nursing I	50	1	CC
	EXNSH 3106	Basic Statistics and Nursing Research	100	2	CC
	EXNSH 3107	Clinical Practice VI (Obs. and Gyn. Nursing)	100	2	CC
	EXNSH 3208	Child Health Nursing II	50	1	CC
	EXNSH 3209	Nursing Management	100	2	CC
	EXNSH 3210	Obstetrics and Gynecological Nursing II	100	2	CC
	EXNSH 3211	Nursing Management - Practicum	50	1	CC
	EXNSH 3213	Clinical Practice IX (Obs. and Gyn. Nursing)	50	1	CC

4 <sup>th</sup> semester	EXNSH 4101	Emergency & Disaster Nursing	100	2	CC
	EXNSH 4102	Geriatric Nursing	100	2	CC
	<b>Elective</b> EXNME 4103	Health Economic/	50	1	SC
	EXNME 4104	Labor laws & human rights /			
	EXNME 4105	Geographical Information System			
	EXNSH 4215	Research project	350	7	CC
	<b>Open Elective: (Mental Health Nursing/ Midwifery/ Critical Care Nursing)</b>				
	<b>Mental Health Nursing</b>				
	EXNSH 4216	Advanced Mental Health Nursing III	100	2	CC
	EXNSH 4217	Advanced Mental Health Nursing IV	100	2	CC
	<b>Midwifery</b>				
	EXNSH 4219	Midwifery Nursing III	100	2	CC
	EXNSH 4220	Midwifery Nursing IV	100	2	CC
	<b>Critical Care Nursing</b>				
	EXNSH 4222	Critical Care Nursing -III	100	2	CC
EXNSH 4223	Critical Care Nursing -IV	100	2	CC	

## Assessment

### Two types of Assessments (Formative - summative)

- a. Continuous Assessment  
Suitable method/s decided by the department of Supplementary Health Sciences
- b. Final Assessment (End Semester Examination)  
Multiple Choice Questions, Structured Essay Questions  
Objective Structured Practical examination (OSPE) or/ and
- Approved Suitable method/s

#### I. Repeat Assessment

- a. If a student obtained grade point below 2.00 in any module is considered unsatisfactory. Student should pass the unsatisfactory module to complete the programme.
- b. Repeat Assessment – One repeat assessment is held for unsatisfactory performance in each module. The repeat assessment in any course in the final year of study shall be held within the forty-five days from the date of the release of results of the semester examinations.
- c. If a student fails to sit the exam due to medical reasons, he/she should submit medical certificate within 14 days. Repeat assessment supported by a medical certificate shall be considered as proper attempt with the approval of the Faculty Board.
- d. The maximum grade given for a repeat assessment shall be “C”.
- e. Candidate failed to obtain “C” in the repeat assessment shall sit at the next available assessment.
- f. Assessment can be repeated not more than three times. A grace chance can be given with approval of Senate.

#### II. Eligibility of students to sit assessment

- Minimum 80% Attendance
- Completion of continuous assessment (CA)

### III. Composition of marks

Continuous Assessment Marks (CAM) - 40%

Summative assessment (Semester Examination) - 60%

### IV. Grading and Award of Class

- a) Performance of students on a credited course of study offered by the departments of study of the faculty shall be graded by marks obtained out of hundred for which there shall be a “Grade” and “Grade Point” as provided in the table below.

Grade	Grade Point
A+	4.00
A	4.00
A-	3.70
B+	3.30
B	3.00
B-	2.70
C+	2.30
C	2.00
C-	1.70
D+	1.30
D	1.00
E	0.00

- b) Grading will be given for each module.
- c) Grade point average (GPA) is the credit weighted arithmetic mean of the grade points which is formulated as

$$\text{GPA} = \frac{\text{Total Grade Points ( } \sum_i c_i g_i \text{)}}{\text{Total Credits ( } \sum_i c_i \text{)}}$$

Where  $c_i$  - number of credits for the  $i^{\text{th}}$  course and  $g_i$  - grade point for the  $i^{\text{th}}$  course. The GPA will be computed to first decimal place. The minimum grade to pass a course unit should be C.

d) The weighted GPA (G) for the degree programme will be computed as follows:

$$G = \frac{G_1 + 2G_2}{3}$$

The  $G_1$  and  $G_2$  which are mentioned in the above equation are the GPA for the 1<sup>st</sup> and 2<sup>nd</sup> year of study respectively.

#### **V. Award of class**

1 <sup>st</sup> class	- GPA 3.7 -4.0 with pass in all modules
2 <sup>nd</sup> class Upper	- GPA 3.3 - 3.6 with pass in all modules
2 <sup>nd</sup> class Lower	- GPA 3.0 - 3.2 with pass in all modules
Pass	- At least GPA 2.0 with pass in all modules

#### **VI. Award of distinction $\geq 70\%$**

## **Award of Degree**

The degree of Bachelor of Science Honours in Nursing, may be awarded by the university and abbreviated as *BScHons (Nursing)*.

The degree may be awarded by the university to a student who:

- i. has fulfilled all the eligibility requirements for registration to the degree and
- ii. has been a duly registered student of the university for the period prescribed for the course of study leading to the degree and whose registration continues to be in force up to the time of completion of requirements and
- iii. has completed to the satisfaction of the Senate the prescribed course requirements leading to the degree and
- iv. has to complete entire programme within four academic years from the registration and
- v. has paid such fees as prescribed by the university and any other dues payable to the university and
- vi. has fulfilled all other conditions, requirements, the rules and regulations of the university.

### **1. Effective Date of BScHons (Nursing) Degree**

- vii. The effective date of BScHons (Nursing) shall be the last date of the last examination.

## **Attendance & Absence**

- Lectures and clinical clerkships are compulsory in BSc Hons (Nursing) degree programme at the FHCS.
- Those who fail to attend any of the above are advised to submit their excuse immediately upon coming back. It is preferable to get prior permission if the leave is planned.
- Those who fail to attend more than 80% in the lectures and 100% in clinical will not be allowed to sit the relevant examinations.
- A student who becomes pregnant during the course of study is strongly advised to take adequate care of herself and to observe the 84 days maternity leave after child birth. This leave will be considered as medical leave. Therefore the student has to follow the programme with next batch as proper candidate.



## Contact Details

	Telephone	Ext
Office of the Dean	065-2227286	700
AR, CEDEC	065-2240972	
Co-ordinator, External Degree Programme, Faculty of Health-Care Sciences	065-2229644 077-3548883	

### Official Address

Faculty of Health-Care Sciences,  
Eastern University, Sri Lanka,  
No.50, New Road,  
Batticaloa.

Telephone: 065-2222059

Fax: 065-2227286

Web: <http://www.fhcs.esn.ac.lk/>